Research on College English Intensive Reading Teaching Mode from the Perspective of Critical Thinking Ability

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ABSTRACT. College English intensive reading takes up a large amount of class hours in the college curriculum system, and benefits the most students. The training of critical thinking ability, which is based on the teaching content of college English intensive reading and expressed by multimedia means, is of great significance to the formation of students' creative thinking. College English teachers should pay attention to infiltrating the teaching idea of improving students' critical thinking ability into all aspects of the course teaching in the teaching process of college English precision course. Speculative ability is the ability and willingness to make theoretical and objective evaluation based on sufficient rationality and objective facts. In order to improve students' Comprehensive English level, in addition to the training of language knowledge and skills, it is also necessary to cultivate students' cognitive skills and emotional characteristics in combination with critical thinking, so as to realize the unity of form and content in language learning. This paper discusses the strategy of critical thinking training in College English intensive reading class, and constructs the training mode of critical thinking talents.

KEYWORDS: English intensive reading class, Thinking ability, Personnel training

1. Introduction

Under the new situation, in order to continuously implement the strategy of cultivating innovative talents in our country, it is necessary to comprehensively implement the reform of teaching mode in universities across the country [1]. As an indispensable public course in college courses, college English plays an irreplaceable role in cultivating students' comprehensive quality and improving students' innovative ability. The college English teaching in our country is affected by the traditional test-oriented education, the students' thinking ability is greatly hindered, and the students' English communicative ability is relatively poor [2]. Speculative ability, or critical thinking ability, is the ability and willingness to conduct theoretical and objective evaluations based on sufficient rationality and objective facts [3]. How to cultivate and improve the thinking ability of English majors has become an important goal of the reform of English majors, which has aroused extensive discussions among scholars in the education field. Intensive reading teaching practice shows that students lack the habit of independent thinking, the ability to analyze and criticize, and the courage to pursue truth. They are often accustomed to passively accepting teacher's explanations, and their views are too simple and modelled [4]. People with excellent thinking ability can integrate various skills of critical thinking and use them effectively to become a person with good self-confidence, self-consciousness and good judgment. In order to improve students' comprehensive level of English, in addition to language knowledge and skills training, it is also necessary to combine critical thinking, cultivate students' cognitive skills and emotional characteristics, and achieve unity of form and content in language learning [5].

Thinking ability not only reflects the level of thinking skills, but also highlights the modern humanistic spirit. As a compulsory course in my country's higher education, the college English intensive course is a course where teachers and students invest more time and energy. The singularity of understanding directly affects the appreciation and grasp of the meaning of the text, which also restricts the development of college students' speculative ability [6]. College English teaching should further improve the teaching objectives and include the cultivation of thinking ability. Speculative ability has rich connotations, which not only contains independent thinking, proof-seeking spirit, and innovative spirit, but also includes core skills such as analysis, comparison, reasoning, and inspection of general thinking ability [7]. Based on the teaching content of college English intensive reading, the training of thinking ability in the form of multimedia means is of great significance to the formation of students' creative thinking. Schools need to adjust college English training goals, improve training models, and improve college English comprehensive ability and thinking ability [8]. In the teaching process of college English precision courses, college English teachers should pay attention to infiltrating the teaching concepts of improving students' thinking ability into all aspects of course teaching, so as to lay a good foundation for the cultivation of modern and innovative talents in my country [9]. This article

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discusses the training strategies of critical thinking in college English intensive reading classes, and constructs a training model for critical thinking talents.

2. Importance of Cultivating Students' Critical Thinking Ability in College English Teaching

2.1 Connotation of Speculative Ability

Speculative ability mainly refers to a kind of Innovation capacity that can consciously and pertinently analyze and think about the development of the situation according to the different surrounding conditions on the basis of having a relatively appropriate evaluation standard, and initially make corresponding reasonable and reliable judgments. In college English teaching, teachers have long been aiming at training students to master enough English vocabulary and grammar, express their semantics well in English, and improve their language skills such as listening, speaking, reading and writing. Students' single understanding ability is mainly related to their lack of positive thinking training. They are generally used to listening to teachers' explanations and passively receiving information, instead of actively using their imagination to put forward their own views. Therefore, teachers should first encourage students to change from passive to active, and have their own views and attitudes on some core issues. Cultivating students' critical thinking ability is an important issue in college English teaching, which has significant positive significance. In college English teaching, only by cultivating students' English language skills and critical thinking ability can students' comprehensive English ability be effectively improved. The cultivation of college students' critical thinking ability not only helps them to gradually form their ability to analyze and judge different situations in the process of English learning, but also helps them to improve their comprehensive practical ability of understanding and solving problems, and gradually form a proper understanding of the nature of things.

2.2 The Significance of Cultivating College Students' Critical Thinking Ability

The teaching goal under the new teaching model is to improve English language skills and thinking ability. Teachers clarify the teaching goals, correct the misunderstanding of critical thinking, and enable students to understand the usefulness of critical thinking, so as to apply the theory to college English learning. The cultivation of students' thinking ability is increasingly included in the strategic goals of talent cultivation in my country's higher education, and the cultivation of students' thinking ability in college English precision courses has become increasingly important. College English teachers cultivate students' thinking skills in the classroom, and implement critical thinking throughout the entire process of college English teaching. At the same time, guide students to use critical thinking in their extracurricular study and life. The teaching mode that incorporates critical thinking enhances students' sense of responsibility for learning, the awareness of being responsible for their own learning, enhances English learning motivation, and improves English learning efficiency [10]. Because I have a strong interest in English learning, I have expanded the space for English learning and extended English learning from the classroom to the extracurricular. The college English intensive reading classroom incorporating critical thinking constructs a comprehensive, researchoriented, and open-style teaching model, adopts inquiry-based teaching, and cultivates thinking ability. College English intensive reading classrooms that incorporate critical thinking have an active atmosphere, which has changed the lazy thoughts and negative consciousness of previous college students, making them interested in learning English, showing curiosity and thirst for knowledge in English learning. College English classes need to create a democratic, free, relaxed and harmonious teaching environment where teachers and students can exchange ideas and discuss freely.

3. Strategies for Cultivating Students' Critical Thinking Ability in College English Intensive Reading Course

3.1 Improve Teachers' Thinking Ability

The simplicity and thinness of students' opinions show that they are not very good at using reverse thinking and divergent thinking. On the contrary, they rely too much on directional thinking, which leads to the mindset, which is not conducive to the cultivation of critical thinking, and then makes them unable to appreciate a text from all directions and angles. To cultivate students' critical thinking ability, teachers should first update their teaching ideas. On the premise of paying attention to imparting knowledge and cultivating scientific thinking mode, critical teachers should also guide students to cultivate independent personality and critical spirit, integrate critical thinking into the whole process of college English intensive reading teaching, and realize the transfer of cultivating critical thinking and shaping personality from English classroom to extracurricular life. Teachers must be truly aware of the importance of cultivating critical thinking ability, establish a student-centered concept in teaching, create opportunities for analyzing and thinking problems in the reading comprehension of intensive reading articles, and encourage students to actively participate in

discussions, put forward different opinions, and evaluate and reflect on each other.

Thinking ability is caused by the way of thinking, and how to teach must be based on what to teach. Compared with teaching methods, teaching content should be paid more attention. While learning English language knowledge, teachers should integrate cultural background knowledge as a part of language knowledge into the process of language teaching. Communicative competence consists of three parts, as shown in Figure 1.

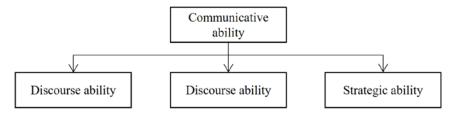


Fig.1 The Composition of Communicative Competence

If teachers are accustomed to starting from a common-sense point of view, the problem will be simplified and it is extremely difficult to arouse students' appreciation and interest in the article. The adjustment of focus and the change of perspective usually arouse students' interest, and students can also learn how to get rid of stereotyped thinking skills. Teachers must understand the connotation of thinking ability, know how to integrate relevant training of thinking ability into intensive reading teaching, and how to create a learning environment that is conducive to the development of students' thinking ability. In the teaching of college English precision courses, the cultivation of students' thinking ability plays a pivotal and important role in promoting and improving students' innovation and practical ability. Teachers can cultivate and improve their own speculative qualities to more effectively promote the development of students' speculative ability [11]. Cultivating students' thinking ability must run through the entire teaching process of the intensive reading course. Through certain teaching tasks and links, create a favorable learning environment and opportunities to train students' thinking ability. In the College English Accuracy Course, the cultivation of students' thinking ability should actually cater to the characteristics of the development of the current era and the specific reality of higher education reform, and it should be carried out specifically through the combination of various teaching methods and teaching modes. In the classroom teaching, the teacher can put forward issues related to the theme of the text, but also close to the students' lives and concerns, and encourage students to express their opinions and opinions.

3.2 Strengthen Students' Subjective Initiative in Learning

It is imperative to improve students' critical thinking ability, improve the original college English precision curriculum and strengthen curriculum innovation in college English precision teaching. In the intensive reading class of college English, critical learning gets rid of the shackles of pure knowledge and memory, which makes them try hard to explore, find out the answers or come up with solutions to problems. When implementing the action intervention measures at this stage, students are required to explain the same problem in depth from history, culture, politics, ideology, rhetoric, individual and other dimensions, so as to broaden students' understanding horizon. It is very important to design effective teaching contents and links for cultivating students' critical thinking ability, but the realization of the goal requires appropriate teaching methods and means, that is, heuristic and inquiry teaching methods. In order to understand the students' true attitude towards this action intervention, the researchers conducted random interviews afterwards, from which they learned that students are generally happy to put forward new ideas, unwilling to passively accept teachers' indoctrination and ready-made views in books, and even feel embarrassed for failing to put forward refreshing views, which is undoubtedly a good start for the development of learners' thinking [12]. Critical students can apply critical thinking and critical spirit to college English learning practice, and improve their critical thinking ability and English language skills. Critical learning is conducive to cultivating self-consciousness and independence of learning, thus improving English level and critical thinking ability in an all-round way. Teachers' inspiration should only help to open up thinking, not replace thinking. Therefore, students should not be prompted with all the thinking contents, but let students think more aspects and form and construct their own views on the basis of opening up thinking.

4. Conclusions

Critical thinking ability is one of the abilities that college students need to improve urgently, which is related to whether the essence of education can promote people's all-round development. As one of the important cores of cultivating innovative talents for college students, critical thinking ability plays a very positive role in promoting the

future growth of college students. College English intensive reading teaching with critical thinking has improved the cognitive skills and emotions of critical thinking, and the comprehensive English skills have improved the teaching mode of college English intensive reading, and defined the teaching goal of combining critical thinking with language skills. To cultivate critical thinking ability, it is necessary to improve college English teaching objectives and teaching models, and cultivate critical thinking talents by using critical education and critical learning. In the course of intensive reading of college English, teachers can gradually cultivate students' critical thinking ability from the aspects of improving teaching ideas and their own critical thinking quality, effectively designing teaching contents and links, and reforming teaching means and methods. Teachers need to improve their critical thinking level, mold critical spirit and become critical teachers. The cultivation of college students' critical thinking ability is a gradual process, which needs to be carried out in all directions on the basis of attracting full attention from all sides.

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